

## SIM/C3

Community Health Partners was one of 6 grantees across the state of Iowa awarded SIM/C3 funding to work toward transforming health care in Iowa by integrating public health strategies into how health care is delivered. Community Health Partners will work with our network and community partners to improve population health in Sioux County by implementing a Community Care Coalition (C3).

### State Innovation Model (SIM) Overview

In 2015, the Center for Medicare & Medicaid Innovation (CMMI) announced Iowa was one of 11 states awarded a \$43 million federal grant over four years to participate in the SIM Initiative's Phase Two Test States. The SIM aligns Iowa payers in payment reform that focuses on value; equips Iowa providers with tools to perform in value based, population focused models; and aligns and integrates public health strategies into how health care is delivered. By 2018, the Iowa SIM project will:

- **Increase** the percentage of adults smokers who have made a **quit attempt**
- **Decrease** the **adult obesity** prevalence rates
- **Increase** the percent of adults with diabetes having two or more **A1c tests**
- **Reduce** preventable **ED Visits**
- **Reduce** preventable **Readmissions**
- **Increase** amount of healthcare **payments linked to value**

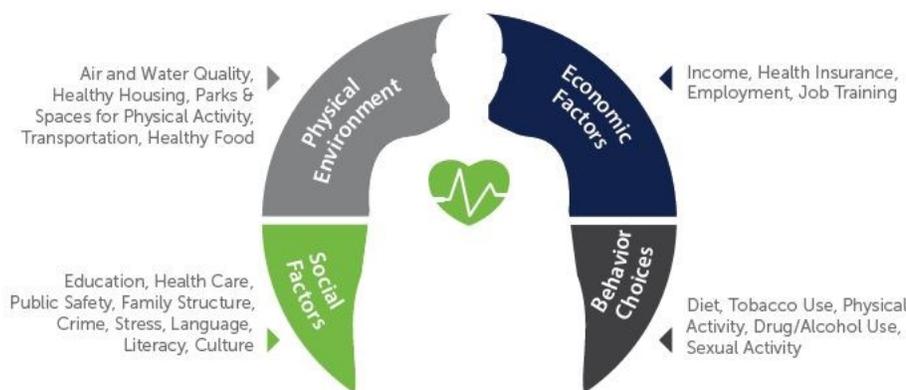
### Community Care Coalition Overview

Six Community Care Coalitions (C3s), spanning 20 counties, will engage in broad-based health care system and payment reforms over the next three years that will lead to better health outcomes and lower costs. C3s are locally based coalitions of health and social service stakeholders collaborating to promote the coordination of health and social services across care settings and systems of care. The C3s will have two primary functions: 1) addressing social determinants of health through care coordination: and 2) implementing population-based, community-applied interventions related to the Iowa SIM Statewide Strategies.



### Improve Population Health

Population health aims to improve the health of a large segment of the population by making improvements in factors (other than germs, genetics, and health care) that determine health. Social, economic, and environmental factors all influence an individual's health and behavior choices. These factors are referred to as social determinants of health.



People who live in communities that offer access to safe and affordable housing, high quality education, fresh and affordable fruits and vegetables, safe and stable employment, and opportunities for physical activity are more likely to experience good health. The Sioux County

SIM/C3 project will work to address social determinants of health to make healthy choices and behaviors an easier option for all residents of Sioux County.

To join the efforts or learn more about improving the health of all residents of Sioux County visit [www.siouxcountychnp.org](http://www.siouxcountychnp.org) and click on the "get involved" button.

## Healthy Families



The Healthy Families Sioux County home visitation program works with pregnant women and families with young children to develop bonding and

attachment skills, to monitor and encourage child physical, emotional and cognitive growth and development, and to promote school readiness through establishing trusting relationships and empowering parents. The program was recently given a donation from the MOCHA (Maurice, Orange City, Hospers, Alton) Kiwanis to purchase

developmental toys and books for children in the program. For more information on the program contact: Kim Westerholm at [kim.westerholm@siouxcountychnp.org](mailto:kim.westerholm@siouxcountychnp.org) or visit our website [www.sioxcountychnp.org](http://www.sioxcountychnp.org)



## 20 Year Anniversary!

Cheryl Hiemstra, Administrative Assistant at CHP was recognized for 20 years of service to the Orange City Area Health System in March. Cheryl has worked 18 of those 20 years with us at CHP. Thank you, Cheryl, for your dedication to public health.

## Tobacco



The Why Coalition continues to provide education for employers and health care providers who request information about tobacco use and electronic smoking devices

in the five county WHY Coalition region. The focus is to educate on how policy can help reduce exposure to 2nd hand smoke and prevent youth initiation. The use of Quitline is also promoted.

The Why coalition also participated in two health fairs and five home expos in the five county region this past quarter. For information about tobacco use prevention contact Shay Davis, Tobacco Use Prevention Coordinator at [shay.davis@siouxcountychnp.org](mailto:shay.davis@siouxcountychnp.org).



## Hegg Health Fair

Hegg Memorial Health responded to a need identified in a CHNA focus group and collaborated with the Latino Health Coalition to hold an adult health fair in Rock Valley. The March 7 event included vision dental, depression, BMI/Fitness, Dirty Neck Syndrome, and diabetes screenings. One hundred people, the majority of them Latino, participated in the event.

Hegg Memorial Health Center



## CHNA/HIP

Since our county-wide Health Improvement Planning (HIP) session in November, HIP work groups have been active--convening follow-up meetings and events to address needs identified in the Sioux County Community Health Needs Assessment. On April 21st HIP stakeholders met for a follow-up meeting to report on progress made toward goals set in November. A few highlights include:

**Mental Health / Adverse Childhood Experiences (ACES)** – This group hosted two Sioux County community events at Northwestern and Dordt Colleges to introduce community members to the influence of ACES and building communities that are resilient. The events included a screening of the movie Paper Tigers, the story of a school transformed by including awareness and response to ACES as part of their approach to education. As a follow-up, Lemonade for Life will be offered May 17th in Sioux County to provide strategies for those who work with individuals who have experienced ACES. The current session is full, but additional training may be coming in the future.



**Translation and Interpretation** – This group of stakeholders met to determine strategies to increase the number of trained interpreters available to Sioux County organizations. Plans are underway to host medical interpreter trainings this summer.

**Housing** – A community forum is planned in September to share housing needs and discuss potential solutions with decision makers from Sioux County communities.

**Daycare** – The goal of this stakeholder group is to increase the number of available daycare spaces in Sioux County. Strategies include supporting community daycare expansion and recruiting providers.

**Healthy Living** – This group will work on combining efforts with Healthy Sioux County to promote healthy living through outreach to workplaces and ongoing 5210 summer programming.

If you are interested in joining any of these work groups, or want to learn more about CHNA/HIP in Sioux County, visit our website at [www.siouxcountychnp.org](http://www.siouxcountychnp.org) and click on the "get involved" icon, e-mail [chnp@siouxcountychnp.org](mailto:chnp@siouxcountychnp.org) or call us at 712-737-2971.

### Kelly's New Arrival

Kelly Reyes, bilingual Family Health Advocate, and facilitator of Sioux County's Latino Health Coalitions and her husband, Mere, welcomed Brianna to her family in February. Brianna joins her siblings Jaciel, Anthony, Abby and Rebecca. Congratulations, Kelly!



### Immunization Schedule update

CHP's remote immunization clinic schedule has changed significantly in the past year mostly because several area medical clinics including Hawarden, Hull, Rock Valley, Sioux Center, and Promise Community Health Center now offer VFC vaccines. CHP will continue to hold vaccine clinics in Orange City the second Tuesday of every month. For a vaccine clinic schedule, visit our website at [www.siouxcountychnp.org](http://www.siouxcountychnp.org)



## Latino Health Coalition (LHC)

The LHC celebrated their 5th year anniversary in January 2016. A second chapter of the LHC was convened in Rock Valley. The LHCs meets monthly to plan and facilitate health related events for Spanish speaking people in Sioux County. On April 29, the LHC will collaborate with the Sioux Center Public Library to celebrate "Dia de los Niños" (Day of the Children) through literacy-related presentations and games. Future events include a First Aid for Parents training and a Caminata (walk) for parents and children. For more information, visit our face book page [www.facebook.com/Coaliciondesaludlatina](http://www.facebook.com/Coaliciondesaludlatina) or the CHP website at [www.siouxcountychnp.org](http://www.siouxcountychnp.org)



## Diabetes Prevention Program

The Sioux County Diabetes Prevention Coalition, Prevent Diabetes Sioux County is meeting once a month to plan and collaboratively implement a Diabetes Prevention Program (DPP) in Sioux County. Twelve people, including the 4 hospital diabetes educators, will attend a training in June to become certified as lifestyle coaches for the National Diabetes Prevention Program. For more information on the DPP in Sioux County, or to make a referral, please contact Angela Kroeze Visser at [angela.kroezevisser@siouxcountychnp.org](mailto:angela.kroezevisser@siouxcountychnp.org)



## IHC Conference

CHP's Jackie Covey, Angela Kroeze Visser, and Deb Vander Plas along with participants from partner hospitals attended an introductory conference to the SIM/C3 grant sponsored by the Iowa Department of Public Health and the Iowa Healthcare Collaborative in March. Governor Branstad kicked off the conference with his vision for how the State Innovation Model (SIM) will help transform healthcare in Iowa.



Community Health Happenings is distributed quarterly by Community Health Partners. Submissions to future newsletters are always welcomed.



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