

## SIM/C3 Updates



### Healthcare Transformation Symposium

On October 13, 2016 Dr. Tom Evans, President and CEO of the Iowa Healthcare Collaborative, was the featured speaker at Sioux County's first **Healthcare Transformation Symposium**. Board



members, senior leadership staff, medical staff from the four hospitals in Sioux County, Community Health Partners, and Promise CHC, along with the Sioux County Boards of Health and Supervisors were invited to attend this historic event that brought together people who make healthcare delivery decisions for Sioux County residents. Dr. Evans spoke about the direction healthcare delivery and payment for services is moving. He commended the group for our successful collaborative efforts thus far, and challenged us to be ready to work together to navigate the transforming healthcare landscape and engage in the radical change of the future.

### Community Care Coordinators (C3)

The Sioux County Community Care Coordinators (C3) have had a busy second quarter. Each of them has a case load of 5-12 patients with whom they are working on connecting to community resources and addressing social determinants of health. Several have been able to visit with service agencies and providers in their communities to introduce themselves and the C3 services.

### Steering Team

The SIM/C3 Steering Team met on September 29th. The Steering Team provides project oversight and guidance and is comprised of representatives from the four hospitals and partnering social service agencies.

### Workshop

Several CHP staff members and two of our community care coordinators attended a regional workshop focusing on data collection and interpretation and Quality Improvement in Storm Lake (sponsored by the Iowa Healthcare Collaborative (IHC).) In November CHP staff will participate in an agency-wide QI project facilitated by one of the workshop speakers.

### Conference Presentations

- The Sioux County SIM/C3 was invited to present a session on *Working Together/Making a Difference: Care Coordination in a Rural Environment* at the **IHC Learning Collaborative** in Altoona on November 9, 2016. The panel presentation will describe Sioux County's partnerships and Care Coordination model, care coordination activities and community partnerships in Sioux County, and our plan and goals for sustaining and enhancing the model. Participating on the panel will be: Angela Kroeze Visser, Sioux County SIM Health Improvement Coordinator, Martin Guthmiller, CEO Orange City Area Health System and president of the CHP Board of Directors, Teri Bos, Jessica Diaz, and Amanda Wiggins, Community Care Coordinators.
- Kim Westerholm and Angela Kroeze Visser were invited to present as part of a panel at the **Annual Public Health Colloquium**, *Population Health: Finding Common Ground to Create Positive Change* in Iowa City on November 30th. Kim and Angela will be part of a state-wide public health panel discussing "population health in action" through our SIM project.

For more information on the Sioux County SIM/C3 healthcare transformation project, or to join a work group addressing the social determinants of health identified through CHP's Community Health Needs Assessment, please contact CHP at [chp@siouxcountychp.org](mailto:chp@siouxcountychp.org) or visit [www.siouxcountychp.org](http://www.siouxcountychp.org) and click on the "get involved" button.



## HIP Group Updates

After completing our countywide collaborative Community Health Needs Assessment (CHNA) in 2015, health improvement planning (HIP) work groups were formed to collaboratively address the 6 top social determinant of health priorities in Sioux County (Housing, Translation and Interpretation/Health Literacy/Mental Health/ACES, Healthy Living, Child Care, and Transportation). Social determinants of health are underlying social factors that contribute to health, either positively or negatively. Each HIP work group is comprised of representatives from the four hospitals in Sioux county, social service providers, and community members. The work of these groups is integral to our SIM/C3 work as well since they contribute to the integration of primary and preventive health care. Updates on several of the HIP groups follow. For more information on any HIP work group, please contact Angela Kroeze Visser at [angela.kroezevisser@siouxcountychp.org](mailto:angela.kroezevisser@siouxcountychp.org) or visit [www.sioxcountychp.org](http://www.sioxcountychp.org) and click on the "get involved" button.

### Housing:

The CHNA identified both cost and quality of housing as important issues in Sioux County where 20% of residents are renters. Of those, 28% pay more than 30% of their income toward rent, which is typically defined as high-cost housing. This is especially concerning because the average income of renters is much lower than the average income for homeowners. On September 22, 2016, the HIP Housing group hosted a discussion with community leaders about the need for more affordable housing options in Sioux County and to discuss potential solutions. In the upcoming months, this group plans to meet with other community leaders to share these needs and learn more about resources within our Sioux County communities.

### Translation and Interpretation:

The group's main goal is for Sioux County hospitals to partner with each other to ensure that a uniform set of basic interpretation and translation services are offered at each health care system in Sioux County. The group identified the need for interpreters to be qualified and CERTIFIED—not just fluent in a language. Several health care systems have sent interpreters to a Medical Interpretation Workshop offered through Northwestern College, the first step in becoming certified. The group also committed to working with the Latino Health Coalition to identify needs.

Sioux Center Health and Hegg Memorial Hospital have established Cultural Sensitivity Committees. Hawarden Health has a cultural awareness team. Hegg held a hospital-wide mandatory Cultural Sensitivity training featuring a nationally known speaker on the topic of cultural awareness.

**Mental Health/ACES:** the Mental Health/ACES group, along with Northwestern College, is sponsoring a viewing of the film "Resilience," a watch and talk event focusing on the science of how Adverse Childhood Experiences (ACEs) alter brain development and are directly linked to lifelong physical and emotional health issues. Viewing will be November 16th, 1-3 pm at NWC DeWitt Learning Commons, Vogel Community Room. To register for the event, go to: <https://online.nwciowa.edu/resilience>

### Healthy Eating/Active Living:

Iowans in all 99 Iowa counties supported the Healthiest State Initiative by participating in the annual Healthiest State Walk on October 5. Several Sioux County communities, including Boyden, Hull, Orange City and Sioux Center participated in the state-wide event and walked for 30 minutes at noon. In Hull, the walk was held at Hesla Field and included students from Hull Christian (who wore pink in honor of their school librarian who is fighting breast cancer), members of the business community, and interested community members. Hull's walk was recognized by the Healthiest State Iowa Initiative as the winner in the cities/communities contest. The Hull Chamber of Commerce will receive \$1000 to use in promoting Healthiest State initiatives in the community.



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## Healthy Families

The Healthy Families Sioux County program continues to operate at full capacity, having served between 55-70 families during fiscal year 2016. The home visitation program serves pregnant women and young families in Sioux County with the goal of happy healthy children in loving and safe families. Establishing and maintaining a trusting relationship between home visitors and families for up to 3-5 years is foundational to the success of the Healthy Families program. This past year the Healthy Families staff implemented a new evidence-informed curriculum: Growing Great Kids, and a web-based program for documentation.

Healthy Families Sioux County is nationally accredited by Healthy Families America.

For more information on the program contact: Kim Westerholm at [kim.westerholm@siouxcountychp.org](mailto:kim.westerholm@siouxcountychp.org) or visit our website [www.sioxcountychp.org](http://www.sioxcountychp.org)



## Tobacco

The why?COALITION (formerly Northwest Iowa Tobacco Free Coalition) recently assessed the availability of tobacco or non-FDA approved nicotine in Sioux County pharmacies. Shay Davis, regional Tobacco Use Prevention Coordinator, discovered that none of the stand-alone pharmacies in Sioux County sell tobacco or non-FDA approved nicotine. Additionally, all of them stock a good variety of Nicotine Replacement Therapy products. Future plans for the why?COALITION include continuing to meet with pharmacists to encourage enacting Tobacco-Free/Nicotine-Free Business and No-Sale policies by which the pharmacies would agree not to sell tobacco or non-FDA approved nicotine in the future.

For more information on the why?COALITION, contact Shay Davis, Tobacco Use Prevention Coordinator at [shay.davis@siouxcountychp.org](mailto:shay.davis@siouxcountychp.org).



## Latino Health Coalition (LHC)

CHP facilitates two Latino Health Coalitions (LHC) in Sioux County, one in Sioux Center and one in Rock Valley. Both groups have met with representatives of the Sioux County Translation and Interpretation HIP work group to discuss how to partner to better meet the needs of non-English speaking and low literacy residents of Sioux County. In response, local organizations and health care providers from around the county are creating table tents highlighting a different health topic each month. The LHC will place the table tents on lunch tables at area businesses employing large numbers of Spanish speakers many of whom may not be in the habit of seeking out regular preventative health care. Some of the health topics will include: Urgent Care clinics, Flu Shots, diabetes, cholesterol, exercise, healthy eating, mental health, and domestic violence. The table top will feature one side entirely in pictures for those with limited literacy.

For more information, visit our face book page [www.facebook.com/Coaliciondesaludlatina](http://www.facebook.com/Coaliciondesaludlatina) or the CHP website at [www.sioxcountychp.org](http://www.sioxcountychp.org)



## IDPH Public Health Advisory Council

The newly appointed IDPH Public Health Advisory Council is responsible for defining the governmental public health system. The group will meet 6 times per year in Des Moines to discuss the following important foundational question:

1. What can/must governmental public health do that no one else can do? Other issues to be resolved include:
2. What health outcomes should every governmental public health organization in Iowa be expected to support?
3. What is working well in the current system, and how do we maintain it?
4. What are the appropriate supporting roles for this system for other critical health partners – local hospitals, University of Iowa College of Public Health, DMU, State Hygienic Laboratory, and federal partners like the Health Resources and Services Administration and the Centers for Disease Control and Prevention, which independently fund local efforts?

Gerd Clabaugh, Director of the Iowa Department of Public Health appointed Kim Westerholm, CHP's Director of Children & Family Services, to the council.

## Diabetes Prevention Program

Nearly 1 out of 3 people with prediabetes will develop Type 2 Diabetes within five years. This fall, 31 Sioux County adults have taken a step toward preventing Type 2 Diabetes by participating in **Prevent Diabetes Sioux County**. This year-long program using the **Prevent T2** curriculum from the Centers for Disease Control and Prevention, focuses on long-term changes and lasting results. Participants work together with lifestyle coaches to make changes like eating healthier, reducing stress, and getting more physical activity. This program is a partnership between Community Health Partners of Sioux County, Hawarden Regional Healthcare, Hegg Memorial Health Center, Orange City Area Health System, and Sioux Center Health. For more information about the program, visit [www.preventdiabetessiouxcounty.org](http://www.preventdiabetessiouxcounty.org) or call Community Health Partners at 712-737-2971.



## Flu Season

CHP shared influenza prevention information with local schools, churches and businesses. Flu vaccine clinics in the county are listed on the CHP website at [www.siouxcountychp.org](http://www.siouxcountychp.org)



Community Health Happenings is distributed quarterly by Community Health Partners. Submissions to future newsletters are always welcomed.



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