

Care Coordination Conference

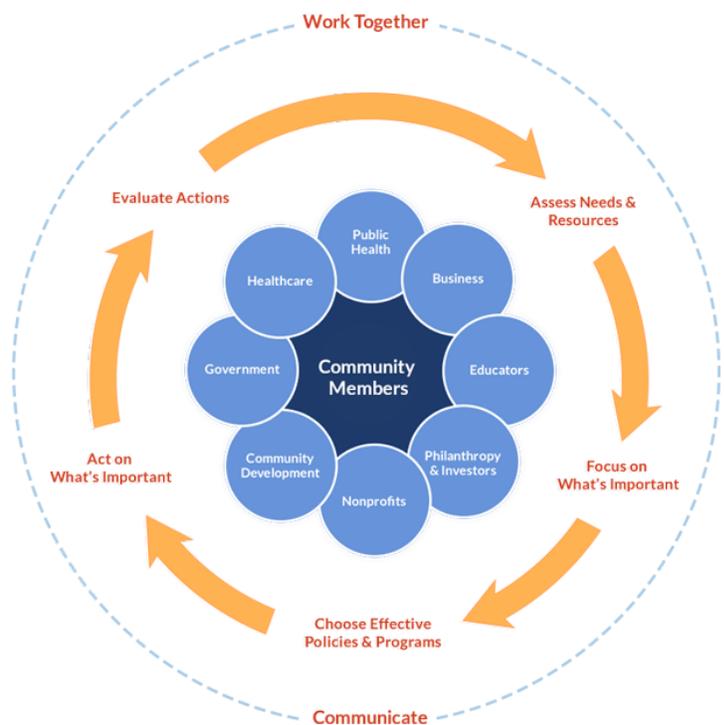
Angela Kroeze Visser, MPH, Community Health Promotion and Disease Prevention Coordinator, and Kim Westerholm, BSN, MA, Director of Children and Family Services as well as representatives from local hospitals attended the Iowa Health Care Collaborative (IHCC) Care Coordination Conference in Des Moines on June 3. The conference was one of a series of opportunities provided by the IHCC for health care professionals from acute and public health care arenas to gather together to envision partnerships and collaboration during this transitional and transformational period in the health care environment.

The emerging future of health care is predicated on the Triple Aim of: increased population health, excellent health care experience, and lower per capita cost. Health care professionals will need to think and act collaboratively to effectively create a health care system that meets these goals.

One of the conference presenters, Clem Bezold, Ph.D., Chairman of the Institute for Alternative Futures, engages in structured thinking about “what might be”—plausible futures, trends, forecasts and scenarios. He encourages people to think about “preferred futures” with enhanced vision and “audacious goals” that contribute to creating the future we prefer. Bezold believes that meeting the goals of the Triple Aim “requires going beyond the clinic to shape community conditions,” in effect, addressing health care from a preventive and population-focused perspective. He suggested the following for hospitals, primary care providers and public health professionals to consider as we work together to transform population health:

- Move from patient centered to community care centered care paradigms
- Build a social determinants of health focus into clinical care routines, including the electronic medical record
- Use the Community Health Needs Assessment (CHNA) to identify needs, assets, and community priorities
- Keep health equity in the forefront of programming
- Engage the local public health department and recognize them as the “health development agency” or “Chief Health Strategist” for the community
- Be prepared to optimize challenges and perceived obstacles in the pursuit of the health future we envision for Sioux County.

Sioux County is well-positioned to address the challenges of the emerging focus on preventative and population health. Community Health Partners and the 4 Sioux County hospitals have formed a rural health network committed to collaboratively addressing and transforming health and wellness county-wide.



Coalition for a Healthy Sioux County

This summer, the Coalition for a Healthy Sioux County community groups in Hull, Orange City and Sioux Center have again offered a summer program for kids to encourage daily healthy habits of 5 Fruits and Vegetables, 2 Hours or less screen time, 1 hour or more physical activity and 0 sugary drinks. Programs



were varied from tracking daily activities for prizes to pool Olympics and building a mural. To keep up with the latest activities, visit www.facebook.com/letsgosioxcounty. In addition to the summer programs, the coalition groups worked to develop Storywalk® events in Rock Valley, Hawarden, Ireton, Sioux Center, Orange City and Hull. The groups are planning additional Storywalks® in the fall.

For more information on 5210, the StoryWalk, or Coalition for a Healthy Sioux County, please contact Angela Kroeze Visser by calling 712-737-2971 or emailing



Healthy Families Promotes Literacy

Jessica Diaz and Kelly Reyes, bilingual Family Health Advocates with the Healthy Families program are collaborating with Sioux Center Library and the Sack Pack program to offer *Ingles para la escuela* (English for School) a program for Spanish speaking students ages 10-18 who want to learn basic English before starting school in the fall. The program is held on Tuesdays June 2- August 18 at the Sioux Center Library between 1-2 p.m. There is no cost to attend, and Sack Packs are offered to participants. For more information about the Sack Pack program, contact Kelly or Jessica at chp@siouxcountychnp.org. Contacts for area Sack Packs are also on our Community Resource Guide at www.siouxcountychnp.org

For more information about the Healthy Families program, contact Kim Westerholm at kim.westerholm@siouxcountychnp.org



Childhood Lead Poisoning Prevention Services

CHP received funding from the Iowa Department of Public Health to continue providing childhood lead poisoning prevention services in our 5 county (Lyon, O'Brien, Osceola, Plymouth, and Sioux) coalition region. Teri Bos, BSN, is the new CHP contact person for all childhood lead-related issues. She will follow up and manage all cases of childhood elevated blood lead (EBL) levels in the 5 counties.

Julia Schroeder will continue in the role of certified lead inspector for the program.

Cultural Responsiveness Workshop

CHP staff members attended a workshop led by Dr. Mark Grey from the University of Northern Iowa on cultural responsiveness and the changing demographic of northwest Iowa and the state. Among the topics Dr. Grey addressed were: health disparities with ethnic minorities, health literacy, responding to the health needs of ever more ethnically and linguistically diverse populations in our communities, and examining our own desire and ability to be culturally responsive.



Prenatal Immunization Teaching



Robin Van Zandbergen, APRN and public health nurse, spoke to a group of expectant parents at a local pre-natal class about the importance of childhood immunizations. She addressed issues of vaccine hesitancy and the long-term health implications of not immunizing children as recommended.

APHA Governing Council

Deb Vander Plas, RN, BSN, Director of Public Health Services, was elected Iowa's Affiliate Representative to the American Public Health Association's (APHA) Governing Council. Deb will represent the Iowa Public Health Association on matters considered by the national APHA governing council.



Community Health Needs Assessment (CHNA)

Assessing community needs is a key part of the work of public health and along with the four hospitals in Sioux County, Community Health Partners has been working to identify health priorities for Sioux County. In April, the network collaborative group; Harwarden Regional Health, Hegg Memorial Health Center Avera, Orange City Area Health System and Sioux Center Health, met to identify the top five priorities which include:

- obesity,
- mental health services,
- translation and interpretation,
- community education and support groups,
- recreation opportunities.

The collaborative group will continue to meet to further define these priorities and develop action plans.



Tobacco

The Northwest Iowa Tobacco-Free Coalition (NWITFC), led by Shay Davis and Teri Bos from CHP, is dedicated to creating and maintaining nicotine-free environments in a five county area. The fiscal year ended with

Teri and Shay doing presentations to middle-schools and local chambers of commerce on the dangers of e-cigarettes and the successful marketing strategies used by tobacco companies to initiate e-cigarette use particularly by young people. CHP authored the IDPH grant to receive funding to continue to lead the NWITFC in tobacco prevention services and activities. Priorities for FY 2016 include: educating the community on the dangers of e-cigarettes, promoting nicotine-free environments, connecting people to Quitline services, and the 2 As and an R program (Ask, Advise, Refer).





Latino Health Coalition

The Latino Health Coalition (LHC) sponsored or collaborated on 3 events this quarter. In April the coalition collaborated with the AEA to provide a class on child growth and development and age-appropriate developmental expectations.

The LHC collaborated with the Sioux Center Library on a Dia de Los Niños (Day of the Children) in May. The event featured reading and literacy activities and a professional puppeteer.

In June the LHC sponsored a Caminata por Salud (Walk for Health) in Sioux Center. The group participated in the Storywalks® activities and enjoyed healthy snacks while learning about the 5210 Let's GO message.

For more information on the Latino Health Coalition contact Kelly Reyes at 712-737-2971 or emailing chp@siouxcountychnp.org



Immunization Update

CHP has been working with local medical clinics to ensure as many children as possible who qualify have easy access to the Vaccines for Children (VFC) vaccines. The medical clinics in Sioux Center, Hull, and Rock Valley now offer VFC vaccines to children who qualify. The Hawarden Medical Clinic is in the process of establishing a VFC program in their clinic as well. VFC vaccines are also available at Community Health Partners and at Promise Community Health Center in Sioux Center.

The availability of VFC vaccines in the medical clinics has led to CHP changing our community immunization clinic schedule. Please check CHP's website for the details. www.sioxcountychnp.org



Healthy Choice/Easy Choice

The Boy Scouts from Troop 215 in Hull not only made a healthy food choice for themselves, they gave others in the community the opportunity to choose to eat healthily. They donate produce harvested from their plot at the Hull Community Garden to the Hull food pantry. Local nurseries in the community supported the boys' efforts by donating plants to the garden project.



Community Health Happenings is distributed quarterly by Community Health Partners. Submissions to future newsletters are always welcomed.

www.facebook.com/SiouxCountyCHP

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